

First visit after surgery, instructions for Bone Graft

1. Now that your sutures have been removed you may begin to brush the gingival tissue at the surgery site with the soft toothbrush provided. Do not use your regular brush at the site.
2. Do not use an electric toothbrush at the surgery site.
3. Do not floss the area yet
4. Discontinue the Chlorhexidine rinse as it may cause staining.
5. It's recommended to use salt water rinses for approximately 1 additional week as this will aid in the healing process.
6. You may be experiencing some sensitivity, Please use the sensitivity toothpaste or gel provided at your appointment and the sensitivity will ease with time.
7. It's recommended that these instructions are followed for optimum results.