

**First visit after surgery, instructions for Frenectomy and or Gingivectomy**

1. Now that the Dressing and or Sutures have been removed, you may still continue to have some tenderness however, salt water rinses will help aide in the healing process.
2. You may continue to use the soft post operative tooth brush for approximately 1 week after today's visit and then it's advised to begin brushing and flossing as normal.
3. Please follow these instructions for optimal healing.
4. You may be asked to return for an additional appointment, or be referred back to your Orthodontist or General Dentist. We will send a report to update your Dentist along with Photos,( if taken) to show your transformation.
5. Thank you for the confidence you have shown in us, heal well!!

**Dr. Carter and Team**