

First visit after surgery, instructions for Free Gingival Graft, Coronal Flap, Pedicle Graft

1. Now that the Dressing and sutures have been removed, the tissue is very delicate, please take caution when brushing and eating.
2. Please use the soft tooth brush provided at today's visit. If you are sensitive you will be given sensitivity toothpaste or Gel.
3. Please do not chew directly at the surgery site however, you may begin to eat normal foods, No Popcorn, Peanuts or seeds until instructed by Dr. Carter
4. Please follow these instructions for optimal healing.