

First visit after surgery, instructions for Implant with Sinus Lift

1. The surgery site may continue to be tender after the sutures have been removed.
Continue using salt water rinses as this will aid in the healing process.
2. If your denture is irritating the area you may need to see your General Dentist to relin the denture or leave it out as much as possible while you are healing.
3. Please contact us if you have any bleeding from the nose or have a constant urge to blow your nose, as it is not safe to blow your nose for approx 4 weeks from surgery date.
4. You may need to continue soft foods for the time it takes for your tissue to heal. This will help to optimize your healing.
5. We will need to see you back if you have any complications, otherwise it will be 6 months waiting period before we will see you back for an x-ray to determine if your implants are well integrated and ready to be uncovered.