

First visit after Surgery instructions, for Sub Ep Graft with Alloderm.

1. Continue using the soft toothbrush at the surgery site. Be careful not to brush the tissue only the tooth surface.
2. **Do Not Use Listerine Or whitening products**
3. Please DO Not Eat popcorn, peanuts ,chips or seeds
4. You may begin to eat some solid foods. However, **Do Not Chew** directly at the surgery site.
5. Do Not use an electric toothbrush at the surgery site
6. Do No floss the area YET! Although other areas are ok to floss.
7. You can discontinue the Chlorhexidine rinse as it may cause staining. However, you may use the rinse on the soft toothbrush in at the surgery site.
8. We recommend the continuation of salt water rinses as this will aid in the healing process, and help eliminate food particles
9. Please follow all of these instructions for optimum healing.