

Second visit after Surgery, instructions for Sub Ep Graft with Alloderm

1. Start using the new soft toothbrush.
2. Very gently begin to floss the surgery site.
3. **Do not use Listerine or whitening product for 6 months** after the procedure. If a rinse is desired we recommend salt water or Crest Oral Health Rinse.
4. You may begin to gently chew in the area. However, still no popcorn, peanuts ,chips or seeds for approximately 8 weeks after date of surgery
5. **Do Not Use electric toothbrush for 4 to 6 months** after the surgery date we will instruct you when it's ok.
6. The tissue is still healing for up to 6 months after the surgery date please follow these instructions for optimum results.