

Second visit after surgery, instructions for Osseous Surgery

1. It's time to begin normal brushing and flossing.
2. An electric toothbrush will be provided.
3. Interproximal brushes are needed to keep the spaces between your teeth clean. This does not replace floss this is in addition to flossing. This will promote healing by removing the plaque from your tooth surfaces.
4. You may still be experiencing sensitivity, especially if you are a smoker, continue to use the Gel paste provided at your first post operative appt. Continue with good oral hygiene and you will be well on your way to a healthy Smile.
5. Next, we recommend having your teeth cleaned in 3 weeks time, to keep the plaque from hardening on your tooth surfaces and to start you on a regular cleaning schedule